

Group Fitness & Personal Training Certifications

Tualatin Hills Park & Recreation District accepts a variety of certifications from their fitness instructors and personal trainers. Linked below are a few of the credible and industry leading certifications we accept.

Pricing accurate as of August 2022

Group Fitness

Barre®: starts at \$347, 35 hours online study

HIGH Fitness®: starts at \$300, 1-day livestream or in-person

Zumba®: starts at \$399, 1-day livestream, online, or in-person

Yoga: price varies by school, 200 hour program

ACE, Certified Group Fitness Instructor: starts at \$224, self-paced study

AEA, Aquatic Fitness Professional Certification: manual \$249, exam \$165, self-paced study

AFAA, Group Fitness Certification: starts at \$299, 6-month self-paced study

NASM, Group Fitness Certification: manual \$80, exam \$299, self-paced study

Personal Training

American College of Sports Medicine (ACSM): manual \$80, exam \$349, self-paced study

American Council of Exercise (ACE): starts at \$489, self-paced study

Athletics and Fitness Association of America (AFAA): manual \$79, exam \$499, self-paced

National Academy of Sports Medicine (NASM): starts at \$699, self-paced study

Have your certification?

Once you have completed your certification, or if you already have one, apply to be an instructor with us. Be sure to include your certification to your application when asked.

To apply now, click on the link below.

[Fitness and Aquatic Fitness Instructor](#)



We hope to welcome you to the fitness team soon!