



TUALATIN HILLS PARK & RECREATION DISTRICT

15707 SW Walker Road, Beaverton OR 97006

(503) 629-6330 ▪ www.thprd.org ▪ jcaez@thprd.org

INDOOR VOLLEYBALL LEAGUES

LEAGUE INFORMATION

LEAGUE OVERVIEW

1. All matches will take place at the Tualatin Hills Athletic Center (158th Ave. & Walker Rd., Beaverton, OR)
2. 8-week season, followed by single elimination playoffs.
3. Teams will play 2 matches per night and be assigned 1 match to officiate.
4. Season will be broken up into two parts.
 - a. First 5½ weeks, all teams will play against each other in their league.
 - b. Next 2½ weeks, league will break up into North & South based on records and then those teams will play each other for playoff seeding.

2020 COVID-19 PLAYER RULES

The following rules are put in place for the safety of the community. Team managers will be responsible for making sure their teammates know about these rules. Players found not following these rules will be asked to leave and their team will forfeit any matches that day. Violation of these rules will result in teams being removed from the league.

1. **All players will be required to check-in at the Athletic Center front desk for contact tracing and symptom check.**
2. *No spectators will be allowed*
3. Any player(s) with symptoms of illness are required to stay home.
 - a. Any player that is visibly showing symptoms of COVID-19 will not be allowed to enter the building.
4. All players must wear a mask at all times while inside the THPRD Athletic Center (there are no exceptions). This includes:
 - a. When entering the building
 - b. While actively participating in matches
 - c. While officiating
 - d. While watching matches
5. Players may remove their mask ONLY while actively drinking or eating.
6. Players should do their best to remain 6ft from each other.
7. No high fives between sets or after games between opposing teams.
8. THPRD volleyballs should be used for all games.
9. Players are highly encouraged to use hand sanitizer when entering the building and before playing.

LEAGUE FEES

1. League fees will be \$390 per team.

ROSTERS

1. ALL ROSTERS must be completed using the attached team roster form (listing out-of-district players first). Incomplete rosters will not be accepted.
2. Rosters must have a minimum of 4 players and a maximum of 12.
3. A player may be registered on only ONE Tualatin Hills team per league.
4. Players must be at least **18 years of age or finished with high school.**
5. All rosters will be checked for accuracy at the beginning of the season.

TEAM CLASSIFICATION

1. Teams are to classify themselves based on their skill level and primary day of play. Skill levels are defined as:
 - AA – Highest level: Consists of teams with a superior knowledge of the game and rules. Skill levels range from Experienced to Professionally Trained Athletes. All players understand rotational sequence, offensive concepts (i.e., 5-1, 6-2, etc.) and defensive positions and can apply them in competition.
 - A – Competitive: Teams consistently know where to be on the court when plays are developing and where to be when the opponent is hitting. Teams usually play a 6-2, 5-1 or a 4-2.
 - B – Competitive Recreation: Teams understand the concepts of team defense and positioning. Teams know how to bump, set, and spike but are not consistent at performing these skills at a high level.
2. Teams are asked to place themselves in a division with teams of similar caliber.
3. Teams will not be moved into another division unless there is unanimous consent from all other teams in the current division.
4. Final decision will be made by the Tualatin Hills Sports Staff

TEAM SELECTION

1. Teams may select to play in either AA, A, or B divisions.
2. Notification of acceptance into the league will be emailed to managers.
3. **MANAGERS MEETING WILL NOT BE CONDUCTED** Schedules and rules will be distributed to managers via email for review. Coaches/managers are encouraged to call Juan Caez at (503) 629-6330 or email jcaez@thprd.com if they have questions or concerns.

ONLINE REGISTRATION

1. **To register your team**, a Facebook event will be created on the [T-Hills Volleyball Managers and Free Agent Page](#) where managers can request a spot in the league, or you can email jcaez@thprd.org on the date and time that registration is opened.
 - a. If you email, please be aware that the time you send the email will be used to register your team. Emails submitted before the time of registration will not be considered valid.
2. First 12 teams that register and pay will be admitted to the league.
 - a. Teams with **all** In-District players will be given a priority league registration window.
3. An email confirmation will be sent back to you to confirm your status.
4. Team managers will have 4 days to pay league fees online before they lose their spot and the next available team.
5. Rosters will be due 1 week before the start of league play.

League Rules

MATCH PLAY

1. NFHS and Tualatin Hills Rule Supplement will govern over match play.
2. Season matches consist to two games to 21. Hard cap of 21.
3. There will be a 45-minute drop dead time on all matches. This includes time for warm ups and play. Official match time (7:00p, 7:45p, 8:30p, 9:15p) will begin based on the digital clock on your assigned court.
 - a. Matches will end at 45 minutes according the timer on the score clocks. If the score timer is not working, the digital clock on your assigned court will be used in its place.
 - b. No extra time will be given for any reason.
 - c. If time runs out in the middle of a play, the play will finish, and the point will be recorded.
 - d. If games are tied at the end of 45 minutes, NO ADDITIONAL time will be added. Games will be recorded as a tie.
4. To decide which team gets to choose to serve or receive; teams will either flip a coin, spin the ball, or come to some agreed upon way of choosing.
5. **GRACE PERIOD:** There will be a five (5) minute grace period for the first set. If team fails to have the required number of player present after 5 minutes, the first set will be forfeited. Match will be forfeit if there are less than the required number of players after 15 minutes.
6. **RC4s, WOMEN'S 4s:** Teams must have 4 players to play a match.
 - a. Exception: Teams may start match with 2 players present before the grace period.
7. **COED 6s, WOMEN'S:** Teams must have 3 men and 3 women to play a match.

- a. Exception: Teams may start match with 4 players present before the grace period.
 - b. If less than 6 players, there must be no more than 3 players of the same gender.
 - c. Teams can play with no more than 3 men or 3 women on the court.
 - d. Team players must line up next to a player of the opposite gender. Two players of the same gender cannot be next to each other in service order.
8. **TIME OUTS:**
- a. Each team is allowed one 30 second timeout per set.
 - b. No timeouts inside the last five minutes of match time.
 - c. A timeout not used will not be carried over to the next game.
9. If a game ends early and both teams are ready before the next schedule game, they are welcome to start their match early.

SUBS

1. Roster Additions - Add/Drop deadline for rosters will be the 6th week of the season.
2. All subs that are not on a roster in your league must be approved by league manager via email **BEFORE** the start of games.
3. Teams will be allowed to borrow players from other teams within the same league.
 - a. When borrowing players, please try and get another player that is similar in skill level.
 - b. When borrowing players, the opposing team must agree to allow player. If not, another player must be chosen. If there are no other players available, then borrowing team must play with fewer players.
4. Players registered on higher division teams may not play in lower division games.
 - a. Teams may request an exception via email, but this must be made 2 days before the match day to be considered. (Wednesday requests must be made on Monday)

OFFICIATING

1. Teams in the league will be scheduled to officiate 1 game per night.
 - a. Teams that do not fulfill their officiating obligation will be given 1 warning before they are removed from the league.
 - b. Players must be respectful of teams that are officiating. Yelling, screaming, demeaning or disrespecting officiating teams will not be tolerated. Players or managers being rude to officiating teams will be removed from the league without warning.
2. Officiating teams will enforce all volleyball rules according to the NFHS rules and THPRD Rules Supplement.
3. Please remember that officiating teams will not call what they do not see. Do not question judgment calls.
4. Any concerns regarding officiating may be made in writing or email form and shared with Juan Caez at jcaez@thprd.com. Please include date, time, court if possible. Managers/coaches are encouraged to call Juan Caez at (503) 629-6330 if they have questions on rules, policies or procedures.

RULE SUPPLEMENT (9/18/18)

1. **HOLE RULE (COED 6s ONLY):** *Coach with 6 players decides if rule is implemented before start of match*
When playing a game with 5 players, a hole will be used in the place of the missing player and all other players must rotate and play like there are 6 players on the court. When the "hole" comes to serve, the team with 5 will rotate and return the ball to their opponent. The next server for the team with 6 is the next server.
2. **ROTATION ORDER (COED 6s ONLY):** No more than two men or two women will be allowed to play the front row at any time. Teams can play with no more than 3 men or 3 women.
 - a. Teams must have 4 players to start a match.
 - i. When playing with 4 players, the server is the backrow player.
 - b. Team players must line up next to a player of the opposite gender. Two players of the same gender cannot be next to each other.
3. **EXTRA BLOCKER (COED 6s ONLY):** Coed teams can bring up an additional blocker from the back row to help block (Teams cannot have 3 players of the same gender playing front/back row at the same time).
 - a. This player may ONLY block above the plane of the net.
 - b. This player is still counted as a back-row players and cannot attack the ball over the plane of then net unless they start their attack behind the 10ft line.
 - c. This player can still set, pass or play defense if needed.

- d. When a back-row player is moved to the front row then a player from the front row must move back to play defense (Only 3 players may block at any time).
 - e. The player that moves to the backrow to play defense is still a front row player and may still attack as such.
4. **Reverse Coed 4s (RC4s) Rules:**
- a. Guys must hit behind the 10ft line
 - b. Guys must hit in a visible upward trajectory, if foot is touching the line or in front of the 10ft line
 - c. Guys can block guys (directional blocking is OK, including free ball overs)
 - d. Guys can fake block a girl as long as there is no ball contact above the plain of the net
 - e. Setting a serve or any first ball is OK
 - f. Block does NOT count as a touch
 - g. Double contact on first ball over is OK
 - h. Directional block is OK
 - i. Directional Set over is OK (does not have to be square)
 - j. Open hand tip is OK (guys must be behind the 10ft line)
 - k. Must rotate servers
 - l. Does not need to rotate positions
 - m. A net is a net (women hair is OK)
 - n. Maximum of 2 guys on the court
 - o. If more than 2 girls then they must notify the other team and league director of permanent designed girl as guy for the night. NO CHANGING back and forth.
 - p. Rally scoring
 - q. Let serves are OK
 - r. Women's height net

PLAYOFFS

- 1. All teams will advance to the playoffs within their division.
- 2. Playoffs will be single elimination.
- 3. Playoff games will be a full match (25, 25, 15), with no timer.
- 4. There will be no point cap for playoff games
- 5. 1st place teams of the playoffs will be awarded.
- 6. No subbing from other teams in the playoffs. All subs must be confirmed before the start of playoffs.

EQUIPMENT

- 1. Game and warm-up volleyballs will be provided.
- 2. Team shirts are not required.
- 3. Game Balls: Molten Flistatec

MISC RULES

- 1. If a team forfeits two matches, they will be dropped from the league and forfeit all fees paid.
- 2. If play is stopped due to interruption by a child, the team on which the children's parent/guardian is with, will be penalized with a point being awarded to the opposing team, if they were serving, or a side out if the offending team was serving.

OTHER

- 1. Insurance - Insurance **will not** be supplied by THPRD.

SPORTS DEPARTMENT MISSION STATEMENT

Tualatin Hills Park & Recreation District's Sports Department is committed to enhancing the quality of life for all its participants. The programs strive to establish a safe and caring environment that allows for individual and social growth by providing and facilitating positive fun and educational opportunities organized with responsible leadership.



Tualatin Hills Park & Recreation District

ROSTER MUST BE TYPED OR PRINTED NEATLY



Please check appropriate league: Winter ☐ Spring ☐ Summer ☐ Fall ☐

WOMEN'S ☐ RC4s ☐ COED 6s ☐

Division: AA ☐ A ☐ B ☐ C ☐

NAME OF TEAM _____ PRIMARY PHONE _____

MANAGER/COACH _____ SECONDARY PHONE _____

*EMAIL (required) _____

*THPRD NUMER (required) _____

ADDRESS: _____

Street

City

Zip

Admittance into the league is based on residency. Rosters with the most In-District points will be given priority for league entry through the first five days of registration.

Minimum Players - 4

Players must be at least 18 years of age or finished with high school.

	OUT	IN	PLAYERS NAME	THPRD CARD NO. (Required for IN-DISTRICT Preference)	Contact Info (phone number)
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

-----For official purpose-----

Date received _____ Time Received _____