Group Fitness & Personal Training Certifications

Tualatin Hills Park & Recreation District accepts a variety of certifications from their fitness instructors and personal trainers. Linked below are a few of the credible and industry leading certifications we accept.

Pricing accurate as of August 2022

Group Fitness

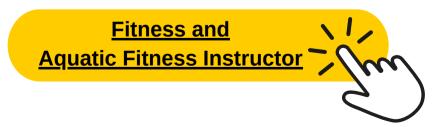
<u>Barre®</u>: starts at \$347, 35 hours online study <u>HIGH Fitness®</u>: starts at \$300, 1-day livestream or in-person <u>Zumba®</u>: starts at \$399, 1-day livestream, online, or in-person <u>Yoga</u>: price varies by school, 200 hour program <u>ACE, Certified Group Fitness Instructor</u>: starts at \$224, self-paced study <u>AEA, Aquatic Fitness Professional Certification</u>: manual \$249, exam \$165, self-paced study <u>AFAA, Group Fitness Certification</u>: starts at \$299, 6-month self-paced study <u>NASM, Group Fitness Certification</u>: manual \$80, exam \$299, self-paced study

Personal Training

<u>American College of Sports Medicine</u> (ACSM): manual \$80, exam \$349, self-paced study <u>American Council of Exercise</u> (ACE): starts at \$489, self-paced study <u>Athletics and Fitness Association of America</u> (AFAA): manual \$79, exam \$499, self-paced <u>National Academy of Sports Medicine</u> (NASM): starts at \$699, self-paced study

Have your certification?

Once you have completed your certification, or if you already have one, apply to be an instructor with us. Be sure to include your certification to your application when asked. To apply now, click on the link below.



We hope to welcome you to the fitness team soon!

www.thprd.org

