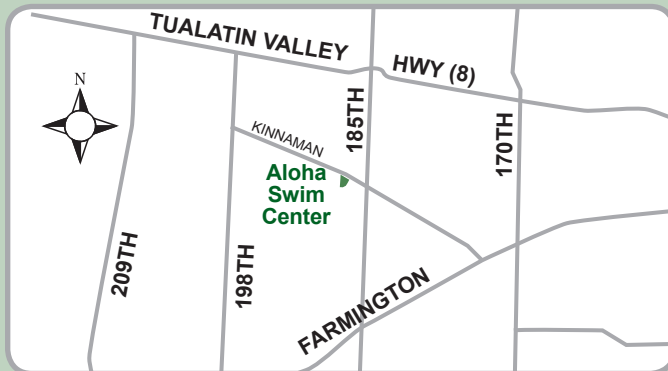




Aloha Swim Center



18650 SW Kinnaman Road
Aloha, 97007 • 503/629-6311
 TriMet Routes #52, 57

Winter Term: January 1 - April 1, 2012

Spring Term: April 2 - June 17, 2012

Aquatic Facility Supervisor: Sabrina Taylor-Schmitt

Aloha Swim Center offers:

ADA Aquatic Lift, Family Changing Rooms
 Average Pool Temperature: 85°

Office Hours:

Monday-Friday 7:30 am-9 pm

Saturday/Sunday 2-6 pm

Closed: 1/1, 3/20-3/26 for maintenance

Holiday Schedule: 1/16, 2/20 - 7:15 am-1 pm

General Admission

In-district and THPRD cardholder:		Out-of-district or non-THPRD cardholder:	
Adults:	\$4	Adults and Seniors	\$12
Seniors and Youths 17 and under:	\$3	Youths 17 and under	\$9
Households:	\$12		

A THPRD frequent user pass or gift card may also be used.
 See page 6 for information.

Follow us on **facebook**

www.facebook.com/thprd.aquatics

Aquatic Fitness Programs

Drop-in Fitness Programs

Fitness passes may be used for all aquatic drop-in fitness classes where pre-registration is not required.

20 visits: \$67.50 ID \$50 for ID seniors*

20 visits: \$67.50 OD adults and seniors with assessment

Single visit: \$4.50 ID \$13.50 OD without assessment

*No discount for OD Seniors

Aquarobics (shallow) - Fitness Pass			(Fitness Scale)
M/W/F	8:30-9:30 am	1/4-6/15	(3-4)
M/W	9-10 pm	1/4-6/13	(2-3)

Deep Water Aerobics

M/W/F	7:15-8:15 am	1/4-6/15	(3-4)
M/W	9-10 pm	1/4-6/13	(4-5)
T/Th	7:15-8:15 am	1/5-6/14	(3-4)
T/Th	6:30-7:30 pm	1/5-6/14	(5)
T/Th	8:30-9:30 pm	1/5-6/14	(4-5)
S	9:15-10 am	1/15-3/17	(3-5)
S	9:15-10 am	4/7-6/9	(3-5)

Pregnancy Fitness

M/W	6:30-7:30 pm	1/4-6/13	(2-3)
T/Th	8:15-9:15 pm	1/5-6/14	(2-3)

Water Walking (all independent)

M/W/F	7:15-8:30 am	1/04-6/15	(2)
T/Th	7:15-8:30 am	1/5-6/14	(2)

Winter/Spring Splash Swim Teams

A recreational swim team for youth ages 5-17 years who can swim 25 yards crawl stroke and 25 yards back stroke. Swim meets on some Saturdays.

Winter Term:

1/9-3/23	M/W/F	5:35-6:20 pm	\$96	AL35000
1/9-3/23	M/W/F	7:40-8:25 pm	\$96	AL35001

Spring Term:

4/2-6/8	M/W/F	5:30-6:15 pm	\$90	AL45000
4/2-6/8	M/W/F	7:40-8:25 pm	\$90	AL45001

Volunteer Opportunities

Junior Lifeguard Training program. After completion, participants will be eligible for volunteer positions at our facility. Call 503/629-6311 for more information.



Aloha Swim Center

503/629-6311

Winter Pool Schedule January 1 - April 1, 2012

18650 SW Kinnaman Rd., Aloha
 Aquatic Facility Supervisor: Sabrina Taylor-Schmitt
 TriMet Bus #52 & 57
 Average Pool Temperature: 85°
 Schedule subject to change due to Aloha HS Fitness classes

+ Lap swim delayed until 6 pm: 1/5, 1/12, 1/19, 1/26, 2/2
 *Limited lanes available
 Closed: 1/1, 3/20-3/26 for maintenance
 Holiday Schedule:
 1/16, 2/20 - 7:15 am-1 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING						
7:15-8:15 DW Aerobics	7:15-8:15 DW Aquarobics/ Water Walking	7:15-8:15 DW Aerobics	7:15-8:15 DW Aquarobics	7:15-8:15 DW Aerobics/ Water Walking	9:15-10:00 All Age Lap* DW Aerobics (1/14-3/17)	
7:15-8:30 All Age Lap/ Water Walking (3 Ins)	8:30-9:30 AHS Adaptive	7:15-8:30 All Age Lap/ Water Walking (3 Ins)	8:30-9:30 AHS Adaptive	7:15-8:30 All Age Lap/Water Walking (3 Ins)	10:00-12:30 Instruction (1/14-3/17)	
8:30-9:30 SW Aquarobics	8:30-11:30 Indp. DW Exerc. (Frequent User Pass)	8:30-9:30 SW Aquarobics	8:30-11:30 Indp. DW Exerc. (Frequent User Pass)	8:30-9:30 SW Aquarobics	12:30-2:00 Pool Rentals	12:00-1:00 Pool Rentals
8:30-11:30 Indp. DW Exerc. (Frequent User Pass)	9:30-11:30 Instruction/ All Age Lap*	8:30-11:30 Indp. DW Exerc. (Frequent User Pass)	9:30-11:30 Instruction/ All Age Lap*	8:30-11:30 Indp. DW Exerc. (Frequent User Pass)		
9:30-11:30 Instruction/ All Age Lap*		9:30-11:30 Instruction/ All Age Lap*		9:30-11:30 Instruction/ All Age Lap*		
AFTERNOON						
11:30-1:00 Adult Lap	11:30-1:00 Adult Lap	11:30-1:00 Adult Lap	11:30-1:00 Adult Lap	11:30-1:00 Adult Lap		
1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction		1:00-2:00 Lap Swim
2:30-4:30 School Use	2:30-4:30 School Use	2:30-4:30 School Use	2:30-4:30 School Use	2:30-4:30 School Use	2:00-4:00 Open Swim	2:00-4:00 Open Swim
EVENING						
4:30-8:30 Instruction	4:30-9:30 Instruction	4:30-8:30 Instruction	4:30-9:30 Instruction	4:30-8:30 Instruction	4:00-4:30 All Age Lap/Maint.	4:00-4:30 All Age Lap/Maint.
5:30-6:30 Adult Lap*/Splash	5:30-6:30 All Age Lap*	5:30-6:30 Adult Lap*/Splash	5:30-6:30 All Age Lap*	5:30-6:30 Adult Lap*/ Splash	4:30-6:00 Open Swim	4:30-6:00 Open Swim
6:30-7:30 Preg. Fitness	6:30-7:30 DW Aerobics	6:30-7:30 Preg. Fitness	6:30-7:30 DW Aerobics	7:40-8:30 Open Swim	6:00-7:30 Pool Rentals	6:00-7:30 Pool Rentals
7:40-8:30 Open Swim	7:40-8:30 Open Swim	7:40-8:30 Open Swim	7:40-8:30 Open Swim	8:30-10:00 Pool Rentals		
8:30-9:30 DW Aerobics/ SW Aquarobics	8:15-9:15 Preg. Fitness 8:30-9:30 DW Aerobics/ Teen & Adult Instruction	8:30-9:30 DW Aerobics/ SW Aquarobics	8:15-9:15 Preg. Fitness 8:30-9:30 DW Aerobics/ Teen & Adult Instruction			

**ADA/aquatic
lift & family changing
rooms available**

Children under 10 yrs of age must be visually supervised by a parent, guardian or caregiver at least 15 yrs of age.
 Children under 7 yrs of age must be accompanied in the water by a parent, guardian or caregiver at least 15 yrs of age.



Aloha Swim Center

503/629-6311

Spring Pool Schedule April 2 - June 18, 2012

18650 SW Kinnaman Rd., Aloha
 Aquatic Facility Supervisor: Sabrina Taylor-Schmitt
 TriMet Bus #52 & 57
 Average Pool Temperature: 85°

Holiday Schedule: 5/28 - 7:15 am-1 pm
 Pool closed: 4/24.
 *Limited lanes available
 Schedule subject to change due to Aloha HS fitness classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING						
7:15-8:15 DW Aerobics	7:15-8:15 DW Aquarobics/ Water Walking	7:15-8:15 DW Aerobics	7:15-8:15 DW Aquarobics/ Water Walking	7:15-8:15 DW Aerobics	9:00-10:00 All Age Lap*/ DW Aerobics (4/17-6/9- except 5/26)	Noon-1:00 pm Pool Rentals
7:15-8:30 All Age Lap*/ Water Walking (3 Ins)	8:30-9:30 AHS Adaptive	7:15-8:30 All Age Lap*/ Water Walking (3 Ins)	8:30-9:30 AHS Adaptive	7:15-8:30 All Age Lap*/ Water Walking (3 Ins)	10:00-12:30 Instruction (4/17-6/9 - except 5/26)	
8:30-9:30 SW Aquarobics	8:30-11:30 Indp. DW Exerc.	8:30-9:30 SW Aquarobics	8:30-11:30 Indp. DW Exerc.	8:30-9:30 SW Aquarobics		
8:30-11:30 Indp. DW Exerc.	9:30-11:30 Instruction/ All Age Lap*	8:30-11:30 Indp. DW Exerc.	9:30-11:30 Instruction/ All Age Lap*	8:30-11:30 Indp. DW Exerc.		
9:30-11:30 Instruction/ All Age Lap*		9:30-11:30 Instruction/ All Age Lap*		9:30-11:30 Instruction/ All Age Lap*		
AFTERNOON						
11:30-1:00 Adult Lap	11:30-1:00 Adult Lap	11:30-1:00 Adult Lap	11:30-1:00 Adult Lap	11:30-1:00 Adult Lap	12:30-2:00 Pool Rentals	1:00-2:00 Lap Swim
1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction	1:00-2:15 Open Swim/ Instruction	2:00-4:00 Open Swim	2:00-6:00 All Age Lap* (1-2 Ins)
2:15-3:30 Pool Rentals	2:15-3:30 Pool Rental	2:15-3:30 Pool Rentals	2:15-3:30 Pool Rental	2:15-3:30 Pool Rentals		2:00-4:00 Open Swim
EVENING						
3:30-8:30 Instruction	3:30-9:00 Instruction	3:30-8:30 Instruction	3:30-9:00 Instruction	3:30-8:30 Instruction	4:00-4:30 All Age Lap/Maint.	4:00-4:30 All Age Lap/ Maintenance
5:30-6:30 Adult Lap*/Splash (3 Ins)	5:30-6:30 All Age Lap*	5:30-6:30 Adult Lap*/Splash (3 Ins)	5:30-6:30 All Age Lap*	5:30-6:30 Adult Lap*/Splash (3 Ins)	4:30-6:00 Open Swim	4:30-6:00 Open Swim
6:30-7:30 Preg. Fitness	6:30-7:30 DW Aerobics	6:30-7:30 Preg. Fitness	6:30-7:30 DW Aerobics	7:40-8:30 Open Swim	6:00-8:00 Pool Rentals	6:00-8:00 Pool Rentals
7:40-8:30 Open Swim	7:40-8:30 Open Swim	7:40-8:30 Open Swim	7:40-8:30 Open Swim	8:30-9:30 Pool Rentals		
8:30-9:30 DW Aerobics/ SW Aquarobics	8:15-9:15 Preg. Fitness 8:30-9:30 DW Aerobics/ Teen & Adult Instruction	8:30-9:30 DW Aerobics/ SW Aquarobics	8:15-9:15 Preg. Fitness 8:30-9:30 DW Aerobics/ Teen & Adult Instruction			

**ADA/aquatic
lift & family changing
rooms available**

Children under 10 yrs of age must be visually supervised by a parent, guardian or caregiver at least 15 yrs of age.

Children under 7 yrs of age must be accompanied in the water by a parent, guardian or caregiver at least 15 yrs of age.

Class availability subject to change.

Preschool: Minimum age 3 years and toilet-trained.

School Age: Must have started first grade.

The parent, guardian or caregiver of a child under 10 years of age must remain on the premises during class. *When class ends, pick up your preschooler at the dressing room entrance from deck.*

Fees vary due to number of classes in session.

Beginning Swimming Skills

Date	Day	Time	Cost	Class#
Preschool Levels A & B				

Winter Term:

1/9-1/27	M/W/F	9:45-10:15 am	\$43	AL31000
1/30-2/24	M/W/F	9:45-10:15 am	\$59	AL31001
2/27-3/23	M/W/F	9:45-10:15 am	\$65	AL31002
1/9-1/27	M/W/F	10:20-10:50 am	\$43	AL31003
1/30-2/24	M/W/F	10:20-10:50 am	\$59	AL31004
2/27-3/23	M/W/F	10:20-10:50 am	\$65	AL31005
1/9-1/27	M/W/F	1:05-1:35 pm	\$43	AL31009
1/30-2/24	M/W/F	1:05-1:35 pm	\$59	AL31010
2/27-3/23	M/W/F	1:05-1:35 pm	\$65	AL31011
2/27-3/23	M/W/F	3:50-4:20 pm	\$65	AL31017
1/9-1/27	M/W/F	4:30-5 pm	\$43	AL31018
1/30-2/24	M/W/F	4:30-5 pm	\$59	AL31019
2/27-3/23	M/W/F	4:25-4:55 pm	\$65	AL31020
1/9-1/27	M/W/F	5-5:30 pm	\$43	AL31021
1/30-2/24	M/W/F	5-5:30 pm	\$59	AL31022
2/27-3/23	M/W/F	5-5:30 pm	\$65	AL31023
1/9-1/27	M/W/F	6:30-7 pm	\$43	AL31024
1/30-2/24	M/W/F	6:30-7 pm	\$59	AL31025
2/27-3/23	M/W/F	6:30-7 pm	\$65	AL31026
1/9-1/27	M/W/F	7:05-7:35 pm	\$43	AL31027
1/30-2/24	M/W/F	7:05-7:35 pm	\$59	AL31028
2/27-3/23	M/W/F	7:05-7:35 pm	\$65	AL31029
1/10-2/9	T/Th	9:45-10:15 am	\$54	AL31040
2/14-3/22	T/Th	9:45-10:15 am	\$65	AL31041
1/10-2/9	T/Th	10:20-10:50 am	\$54	AL31042
2/14-3/22	T/Th	10:20-10:50 am	\$65	AL31043
1/10-2/9	T/Th	1:05-1:35 pm	\$54	AL31046
2/14-3/22	T/Th	1:05-1:35 pm	\$65	AL31047
2/14-3/22	T/Th	3:50-4:20 pm	\$65	AL31051
2/14-3/22	T/Th	4:25-4:55 pm	\$65	AL31053
2/14-3/22	T/Th	5-5:30 pm	\$65	AL31055
1/10-2/9	T/Th	6:30-7 pm	\$54	AL31060
2/14-3/22	T/Th	6:30-7 pm	\$65	AL31061
1/10-2/9	T/Th	7:05-7:35 pm	\$54	AL31062
2/14-3/22	T/Th	7:05-7:35 pm	\$65	AL31063
1/14-3/17	S	10-10:30 am	\$54	AL31070
1/14-3/17	S	10:35-11:05 am	\$54	AL31071
1/14-3/17	S	11:10-11:40 am	\$54	AL31072
1/14-3/17	S	11:45 am-12:15 pm	\$54	AL31073

Beginning Swimming Skills

Date	Day	Time	Cost	Class#
Preschool Levels A & B (continued)				

Spring Term:

4/2-4/20	M/W/F	9:45-10:15 am	\$49	AL41000
4/23-5/11	M/W/F	9:45-10:15 am	\$49	AL41001
5/14-6/8	M/W/F	9:45-10:15 am	\$59	AL41002
4/2-4/20	M/W/F	10:20-10:50 am	\$49	AL41003
4/23-5/11	M/W/F	10:20-10:50 am	\$49	AL41004
5/14-6/8	M/W/F	10:20-10:50 am	\$59	AL41005
4/2-4/20	M/W/F	1:05-1:35 pm	\$49	AL41009
4/23-5/11	M/W/F	1:05-1:35 pm	\$49	AL41010
5/14-6/8	M/W/F	1:05-1:35 pm	\$59	AL41011
4/2-4/20	M/W/F	3:50-4:20 pm	\$49	AL41015
4/23-5/11	M/W/F	3:50-4:20 pm	\$49	AL41016
5/14-6/8	M/W/F	3:50-4:20 pm	\$59	AL41017
4/2-4/20	M/W/F	4:25-4:55 pm	\$49	AL41018
4/23-5/11	M/W/F	4:25-4:55 pm	\$49	AL41019
5/14-6/8	M/W/F	4:25-4:55 pm	\$59	AL41020
4/2-4/20	M/W/F	5-5:30 pm	\$49	AL41021
4/23-5/11	M/W/F	5-5:30 pm	\$49	AL41022
5/14-6/8	M/W/F	5-5:30 pm	\$59	AL41023
4/2-4/20	M/W/F	6:30-7 pm	\$49	AL41024
4/23-5/11	M/W/F	6:30-7 pm	\$49	AL41025
5/14-6/8	M/W/F	6:30-7 pm	\$59	AL41026
4/2-4/20	M/W/F	7:05-7:35 pm	\$49	AL41027
4/23-5/11	M/W/F	7:05-7:35 pm	\$49	AL41028
5/14-6/8	M/W/F	7:05-7:35 pm	\$59	AL41029
4/3-5/3	T/Th	9:45-10:15 am	\$54	AL41040
5/8-6/7	T/Th	9:45-10:15 am	\$54	AL41041
4/3-5/3	T/Th	10:20-10:50 am	\$54	AL41042
5/8-6/7	T/Th	10:20-10:50 am	\$54	AL41043
4/3-5/3	T/Th	1:05-1:35 pm	\$54	AL41046
5/8-6/7	T/Th	1:05-1:35 pm	\$54	AL41047
4/3-5/3	T/Th	3:50-4:20 pm	\$54	AL41050
5/8-6/7	T/Th	3:50-4:20 pm	\$54	AL41051
4/3-5/3	T/Th	4:25-4:55 pm	\$54	AL41052
5/8-6/7	T/Th	4:25-4:55 pm	\$54	AL41053
4/3-5/3	T/Th	5-5:30 pm	\$54	AL41054
5/8-6/7	T/Th	5-5:30 pm	\$54	AL41055
4/3-5/3	T/Th	6:30-7 pm	\$54	AL41060
5/8-6/7	T/Th	6:30-7 pm	\$54	AL41061
4/3-5/3	T/Th	7:05-7:35 pm	\$54	AL41062
5/8-6/7	T/Th	7:05-7:35 pm	\$54	AL41063
4/7-6/9	S	10-10:30 am	\$49	AL41070
4/7-6/9	S	10:35-11:05 am	\$49	AL41071
4/7-6/9	S	11:10-11:40 am	\$49	AL41072
4/7-6/9	S	11:45 am-12:15 pm	\$49	AL41073

Beginning Swimming Skills

Date	Day	Time	Cost	Class#
Preschool Levels C & D				

Winter Term:

1/9-1/27	M/W/F	10:20-10:50 am	\$43	AL31103
1/30-2/24	M/W/F	10:20-10:50 am	\$59	AL31104
2/27-3/23	M/W/F	10:20-10:50 am	\$65	AL31105
1/9-1/27	M/W/F	1:05-1:35 pm	\$43	AL31109
1/30-2/24	M/W/F	1:05-1:35 pm	\$59	AL31110
2/27-3/23	M/W/F	1:05-1:35 pm	\$65	AL31111
2/27-3/23	M/W/F	3:50-4:20 pm	\$65	AL31117
1/9-1/27	M/W/F	4:30-5 pm	\$43	AL31118
1/30-2/24	M/W/F	4:30-5 pm	\$59	AL31119
2/27-3/23	M/W/F	4:25-4:55 pm	\$65	AL31120
1/9-1/27	M/W/F	6:30-7 pm	\$43	AL31124
1/30-2/24	M/W/F	6:30-7 pm	\$59	AL31125
2/27-3/23	M/W/F	6:30-7 pm	\$65	AL31126
1/9-1/27	M/W/F	7:05-7:35 pm	\$43	AL31127
1/30-2/24	M/W/F	7:05-7:05 pm	\$59	AL31128
2/27-3/23	M/W/F	7:05-7:35 pm	\$65	AL31129
1/10-2/9	T/Th	10:20-10:50 am	\$54	AL31142
2/14-3/22	T/Th	10:20-10:50 am	\$65	AL31143
1/10-2/9	T/Th	1:05-1:35 pm	\$54	AL31146
2/14-3/22	T/Th	1:05-1:35 pm	\$65	AL31147
2/14-3/22	T/Th	3:50-4:20 pm	\$65	AL31151
2/14-3/22	T/Th	4:25-4:55 pm	\$65	AL31153
2/14-3/22	T/Th	5-5:30 pm	\$65	AL31155
1/10-2/9	T/Th	6:30-7 pm	\$54	AL31160
2/14-3/22	T/Th	6:30-7 pm	\$65	AL31161
1/10-2/9	T/Th	7:05-7:35 pm	\$54	AL31162
2/14-3/22	T/Th	7:05-7:35 pm	\$65	AL31163
1/14-3/17	S	11:10-11:40 am	\$54	AL31172
1/14-3/17	S	11:45 am-12:15 pm	\$54	AL31173

Spring Term:

4/2-4/20	M/W/F	10:20-10:50 am	\$49	AL41103
4/23-5/11	M/W/F	10:20-10:50 am	\$49	AL41104
5/14-6/8	M/W/F	10:20-10:50 am	\$59	AL41105
4/2-4/20	M/W/F	1:05-1:35 pm	\$49	AL41109
4/23-5/11	M/W/F	1:05-1:35 pm	\$49	AL41110
5/14-6/8	M/W/F	1:05-1:35 pm	\$59	AL41111
4/2-4/20	M/W/F	3:50-4:20 pm	\$49	AL41115
4/23-5/11	M/W/F	3:50-4:20 pm	\$49	AL41116
5/14-6/8	M/W/F	3:50-4:20 pm	\$59	AL41117
4/2-4/20	M/W/F	4:25-4:55 pm	\$49	AL41118
4/23-5/11	M/W/F	4:25-4:55 pm	\$49	AL41119
5/14-6/8	M/W/F	4:25-4:55 pm	\$59	AL41120
4/2-4/20	M/W/F	5-5:30 pm	\$49	AL41121
4/23-5/11	M/W/F	5-5:30 pm	\$49	AL41122
5/14-6/8	M/W/F	5-5:30 pm	\$59	AL41123
4/2-4/20	M/W/F	6:30-7 pm	\$49	AL41124
4/23-5/11	M/W/F	6:30-7 pm	\$49	AL41125
5/14-6/8	M/W/F	6:30-7 pm	\$59	AL41126
4/2-4/20	M/W/F	7:05-7:35 pm	\$49	AL41127
4/23-5/11	M/W/F	7:05-7:35 pm	\$49	AL41128
5/14-6/8	M/W/F	7:05-7:35 pm	\$59	AL41129
4/3-5/3	T/Th	10:20-10:50 am	\$54	AL41142

Continued

Beginning Swimming Skills

Date	Day	Time	Cost	Class#
Preschool Levels C & D				

5/8-6/7	T/Th	10:20-10:50 am	\$54	AL41143
4/3-5/3	T/Th	1:05-1:35 pm	\$54	AL41146
5/8-6/7	T/Th	1:05-1:35 pm	\$54	AL41147
4/3-5/3	T/Th	3:50-4:20 pm	\$54	AL41150
5/8-6/7	T/Th	3:50-4:20 pm	\$54	AL41151
4/3-5/3	T/Th	4:25-4:55 pm	\$54	AL41152
5/8-6/7	T/Th	4:25-4:55 pm	\$54	AL41153
4/3-5/3	T/Th	5-5:30 pm	\$54	AL41154
5/8-6/7	T/Th	5-5:30 pm	\$54	AL41155
4/3-5/3	T/Th	6:30-7 pm	\$54	AL41160
5/8-6/7	T/Th	6:30-7 pm	\$54	AL41161
4/3-5/3	T/Th	7:05-7:35 pm	\$54	AL41162
5/8-6/7	T/Th	7:05-7:35 pm	\$54	AL41163
4/7-6/9	S	11:10-11:40 am	\$49	AL41172
4/7-6/9	S	11:45 am-12:15 pm	\$49	AL41173

School-age Levels 1 & 2

Winter Term:

2/27-3/23	M/W/F	3:50-4:20 pm	\$65	AL32017
1/9-1/27	M/W/F	5-5:30 pm	\$43	AL32021
1/30-2/24	M/W/F	5-5:30 pm	\$59	AL32022
2/27-3/23	M/W/F	5-5:30 pm	\$65	AL32023
1/9-1/27	M/W/F	6:30-7 pm	\$43	AL32024
1/30-2/24	M/W/F	6:30-7 pm	\$59	AL32025
2/27-3/23	M/W/F	6:30-7 pm	\$65	AL32026
1/10-2/9	T/Th	10:55-11:25 am	\$54	AL32044
2/14-3/22	T/Th	10:55-11:25 am	\$65	AL32045
2/14-3/22	T/Th	3:50-4:20 pm	\$65	AL32051
2/14-3/22	T/Th	4:25-4:55 pm	\$65	AL32053
2/14-3/22	T/Th	5-5:30 pm	\$65	AL32055
1/10-2/9	T/Th	6:30-7 pm	\$54	AL32060
2/14-3/22	T/Th	6:30-7 pm	\$65	AL32061
1/10-2/9	T/Th	7:05-7:35 pm	\$54	AL32062
2/14-3/22	T/Th	7:05-7:35 pm	\$65	AL32063
1/14-3/17	S	10:35-11:05 am	\$54	AL32071

Spring Term:

4/2-4/20	M/W/F	4:25-4:55 pm	\$49	AL42018
4/2-4/20	M/W/F	3:50-4:20 pm	\$49	AL42015
4/23-5/11	M/W/F	3:50-4:20 pm	\$49	AL42016
5/14-6/8	M/W/F	3:50-4:20 pm	\$59	AL42017
4/2-4/20	M/W/F	4:25-4:55 pm	\$49	AL42018
4/23-5/11	M/W/F	4:25-4:55 pm	\$49	AL42019
5/14-6/8	M/W/F	4:25-4:55 pm	\$59	AL42020
4/2-4/20	M/W/F	5-5:30 pm	\$49	AL42021
4/23-5/11	M/W/F	5-5:30 pm	\$49	AL42022
5/14-6/8	M/W/F	5-5:30 pm	\$59	AL42023
4/2-4/20	M/W/F	6:30-7 pm	\$49	AL42024
4/23-5/11	M/W/F	6:30-7 pm	\$49	AL42025
5/14-6/8	M/W/F	6:30-7 pm	\$59	AL42026
4/3-5/3	T/Th	10:55-11:25 am	\$54	AL42044
5/8-6/7	T/Th	10:55-11:25 am	\$54	AL42045
4/3-5/3	T/Th	3:50-4:20 pm	\$54	AL42050

Continued

Beginning Swimming Skills

Date	Day	Time	Cost	Class#
School Age Levels 1 & 2 (continued)				
5/8-6/7	T/Th	3:50-4:20 pm	\$54	AL42051
4/3-5/3	T/Th	4:25-4:55 pm	\$54	AL42052
5/8-6/7	T/Th	4:25-4:55 pm	\$54	AL42053
4/3-5/3	T/Th	5-5:30 pm	\$54	AL42054
5/8-6/7	T/Th	5-5:30 pm	\$54	AL42055
4/3-5/3	T/Th	6:30-7 pm	\$54	AL42060
5/8-6/7	T/Th	6:30-7 pm	\$54	AL42061
4/3-5/3	T/Th	7:05-7:35 pm	\$54	AL42062
5/8-6/7	T/Th	7:05-7:35 pm	\$54	AL42063
4/7-6/9	S	10:35-11:05 am	\$49	AL42071

School Age Levels 2½ & 3

Winter Term:

2/27-3/23	M/W/F	3:50-4:20 pm	\$65	AL32117
1/9-1/27	M/W/F	4:30-5 pm	\$43	AL32118
1/30-2/24	M/W/F	4:30-5 pm	\$59	AL32119
2/27-3/23	M/W/F	4:25-4:55 pm	\$65	AL32120
1/9-1/27	M/W/F	5-5:30 pm	\$43	AL32121
1/30-2/24	M/W/F	5-5:30 pm	\$59	AL32122
2/27-3/23	M/W/F	5-5:30 pm	\$65	AL32123
1/9-1/27	M/W/F	6:30-7 pm	\$43	AL32124
1/30-2/24	M/W/F	6:30-7 pm	\$59	AL32125
2/27-3/23	M/W/F	6:30-7 pm	\$65	AL32126
1/9-1/27	M/W/F	7:05-7:35 pm	\$43	AL32127
1/30-2/24	M/W/F	7:05-7:35 pm	\$59	AL32128
2/27-3/23	M/W/F	7:05-7:35 pm	\$65	AL32129
1/10-2/9	T/Th	10:55-11:25 am	\$54	AL32144
2/14-3/22	T/Th	10:55-11:25 am	\$65	AL32145
2/14-3/22	T/Th	3:50-4:20 pm	\$65	AL32151
2/14-3/22	T/Th	4:25-4:55 pm	\$65	AL32153
2/14-3/22	T/Th	5-5:30 pm	\$65	AL32155
1/10-2/9	T/Th	6:30-7 pm	\$54	AL32160
2/14-3/22	T/Th	6:30-7 pm	\$65	AL32161
1/10-2/9	T/Th	7:05-7:35 pm	\$54	AL32162
2/14-3/22	T/Th	7:05-7:35 pm	\$65	AL32163
1/14-3/17	S	10:35-11:05 am	\$54	AL32171

Spring Term:

4/2-4/20	M/W/F	3:50-4:20 pm	\$49	AL42115
4/23-5/11	M/W/F	3:50-4:20 pm	\$49	AL42116
5/14-6/8	M/W/F	3:50-4:20 pm	\$59	AL42117
4/2-4/20	M/W/F	4:25-4:55 pm	\$49	AL42118
4/23-5/11	M/W/F	4:25-4:55 pm	\$49	AL42119
5/14-6/8	M/W/F	4:25-4:55 pm	\$59	AL42120
4/2-4/20	M/W/F	5-5:30 pm	\$49	AL42121
4/23-5/11	M/W/F	5-5:30 pm	\$49	AL42122
5/14-6/8	M/W/F	5-5:30 pm	\$59	AL42123
4/2-4/20	M/W/F	6:30-7 pm	\$49	AL42124
4/23-5/11	M/W/F	6:30-7 pm	\$49	AL42125
5/14-6/8	M/W/F	6:30-7 pm	\$59	AL42126
4/2-4/20	M/W/F	7:05-7:35 pm	\$49	AL42127
4/23-5/11	M/W/F	7:05-7:35 pm	\$49	AL42128

Continued

Beginning Swimming Skills

Date	Day	Time	Cost	Class#
School Age Levels 2½ & 3 (continued)				
5/14-6/8	M/W/F	7:05-7:35 pm	\$59	AL42129
4/3-5/3	T/Th	10:55-11:25 am	\$54	AL42144
5/8-6/7	T/Th	10:55-11:25 am	\$54	AL42145
4/3-5/3	T/Th	3:50-4:20 pm	\$54	AL42150
5/8-6/7	T/Th	3:50-4:20 pm	\$54	AL42151
4/3-5/3	T/Th	4:25-4:55 pm	\$54	AL42152
5/8-6/7	T/Th	4:25-4:55 pm	\$54	AL42153
4/3-5/3	T/Th	5-5:30 pm	\$54	AL42154
5/8-6/7	T/Th	5-5:30 pm	\$54	AL42155
4/3-5/3	T/Th	6:30-7 pm	\$54	AL42160
5/8-6/7	T/Th	6:30-7 pm	\$54	AL42161
4/3-5/3	T/Th	7:05-7:35 pm	\$54	AL42162
5/8-6/7	T/Th	7:05-7:35 pm	\$54	AL42163
4/7-6/9	S	10:35-11:05 am	\$49	AL42171

Intermediate Swimming Skills

Date	Day	Time	Cost	Class#
Preschool/School Age Level 3½				
Winter Term:				
2/27-3/23	M/W/F	3:50-4:20 pm	\$65	AL33017
1/9-1/27	M/W/F	5-5:30 pm	\$43	AL33021
1/30-2/24	M/W/F	5-5:30 pm	\$59	AL33022
2/27-3/23	M/W/F	5-5:30 pm	\$65	AL33023
1/9-1/27	M/W/F	7:05-7:35 pm	\$43	AL33027
1/30-2/24	M/W/F	7:05-7:35 pm	\$59	AL33028
2/27-3/23	M/W/F	7:05-7:35 pm	\$65	AL33029
1/10-2/9	T/Th	10:20-10:50 am	\$54	AL33042
2/14-3/22	T/Th	10:20-10:50 am	\$65	AL33043
2/14-3/22	T/Th	3:50-4:20 pm	\$65	AL33051
2/14-3/22	T/Th	5-5:30 pm	\$65	AL33055
1/10-2/9	T/Th	7:05-7:35 pm	\$54	AL33062
2/14-3/22	T/Th	7:05-7:35 pm	\$65	AL33063
1/14-3/17	S	11:45 am-12:15 pm	\$54	AL33073

Spring Term:

4/2-4/20	M/W/F	5-5:30 pm	\$49	AL43021
4/23-5/11	M/W/F	5-5:30 pm	\$49	AL43022
5/14-6/8	M/W/F	5-5:30 pm	\$59	AL43023
4/2-4/20	M/W/F	7:05-7:35 pm	\$49	AL43027
4/23-5/11	M/W/F	7:05-7:35 pm	\$49	AL43028
5/14-6/8	M/W/F	7:05-7:35 pm	\$59	AL43029
4/3-5/3	T/Th	10:20-10:50 am	\$54	AL43042
5/8-6/7	T/Th	10:20-10:50 am	\$54	AL43043
4/3-5/3	T/Th	3:50-4:20 pm	\$54	AL43050
5/8-6/7	T/Th	3:50-4:20 pm	\$54	AL43051
4/3-5/3	T/Th	5-5:30 pm	\$54	AL43054
5/8-6/7	T/Th	5-5:30 pm	\$54	AL43055
4/3-5/3	T/Th	7:05-7:35 pm	\$54	AL43062
5/8-6/7	T/Th	7:05-7:35 pm	\$54	AL43063
4/7-6/9	S	11:45 am-12:15 pm	\$49	AL43073

Intermediate Swimming Skills

Date	Day	Time	Cost	Class#
Preschool/School Age Level 3 ½ & 4				

Winter Term:

1/10-2/9	T/Th	6-6:30 pm	\$54	AL32158
2/14-3/22	T/Th	6-6:30 pm	\$65	AL32159

Spring Term:

4/3-5/3	T/Th	5:30-6 pm	\$54	AL43056
5/8-6/7	T/Th	5:30-6 pm	\$54	AL43057

Intermediate Swimming Skills

Date	Day	Time	Cost	Class#
Preschool/School Age Levels 4 & 5				

Winter Term:

1/9-1/27	M/W/F	4:30-5 pm	\$43	AL33118
1/30-2/24	M/W/F	4:30-5 pm	\$59	AL33119
2/27-3/23	M/W/F	4:30-5 pm	\$65	AL33120
1/9-1/27	M/W/F	6:30-7 pm	\$43	AL33124
1/30-2/24	M/W/F	6:30-7 pm	\$59	AL33125
2/27-3/23	M/W/F	6:30-7 pm	\$65	AL33126
1/10-2/9	T/Th	9:45-10:15 am	\$54	AL33140
2/14-3/22	T/Th	9:45-10:15 am	\$65	AL33141
2/14-3/22	T/Th	4:25-4:55 pm	\$65	AL33153
1/10-2/9	T/Th	6-6:30 pm	\$54	AL33158
2/14-3/22	T/Th	6-6:30 pm	\$65	AL33159
1/14-3/17	S	10-10:30 am	\$54	AL33170

Spring Term:

4/2-4/20	M/W/F	4:25-4:55 pm	\$49	AL43118
4/23-5/11	M/W/F	4:25-4:55 pm	\$49	AL43119
5/14-6/8	M/W/F	4:25-4:55 pm	\$59	AL43120
4/2-4/20	M/W/F	6:30-7 pm	\$49	AL43124
4/23-5/11	M/W/F	6:30-7 pm	\$49	AL43125
5/14-6/8	M/W/F	6:30-7 pm	\$59	AL43126
4/3-5/3	T/Th	9:45-10:15 am	\$54	AL43140
5/8-6/7	T/Th	9:45-10:15 am	\$54	AL43141
4/3-5/3	T/Th	4:25-4:55 pm	\$54	AL43152
5/8-6/7	T/Th	4:25-4:55 pm	\$54	AL43153
4/7-6/9	S	10-10:30 am	\$49	AL43170



Advanced Swimming Skills

Date	Day	Time	Cost	Class#
Fitness Swimmer Levels 5 & 6				

Winter Term:

1/9-1/27	M/W/F	4:30-5 pm	\$43	AL33218
1/30-2/24	M/W/F	4:30-5 pm	\$59	AL33219
2/27-3/23	M/W/F	4:30-5 pm	\$65	AL33220
1/10-2/9	T/Th	6-6:30 pm	\$54	AL33258
2/14-3/22	T/Th	6-6:30 pm	\$65	AL33259
1/10-2/9	T/Th	7:45-8:15 pm	\$54	AL33264
2/14-3/22	T/Th	7:45-8:15 pm	\$65	AL33265

Spring Term:

4/2-4/20	M/W/F	4:25-4:55 pm	\$49	AL43218
4/23-5/11	M/W/F	4:25-4:55 pm	\$49	AL43219
5/14-6/8	M/W/F	4:25-4:55 pm	\$59	AL43220
4/3-5/3	T/Th	6-6:30 pm	\$54	AL43258
5/8-6/7	T/Th	6-6:30 pm	\$54	AL43259
4/3-5/3	T/Th	7:45-8:15 pm	\$54	AL43264
5/8-6/7	T/Th	7:45-8:15 pm	\$54	AL43265

Specialty Programs

Date	Day	Time	Cost	Class#
Baby & Me and Toddler & Me				

Winter Term:

1/14-3/17	S	11:10-11:40 am	\$36	AL34072*
1/14-3/17	S	11:45 am-12:15 pm	\$36	AL34073^

Spring Term:

4/7-6/9	S	11:10-11:40 am	\$33	AL44072*
4/7-6/9	S	11:45 am-12:15 pm	\$33	AL44073^

*Toddler & Me only/ ^Baby & Me only.

Baby/Toddler & Me

Winter Term:

1/9-1/27	M/W/F	10:55-11:25 am	\$29	AL34006
1/30-2/24	M/W/F	10:55-11:25 am	\$40	AL34007
2/27-3/23	M/W/F	10:55-11:25 am	\$44	AL34008
1/9-1/27	M/W/F	7:05-7:35 pm	\$29	AL34027
1/30-2/24	M/W/F	7:05-7:35 pm	\$40	AL34028
2/27-3/23	M/W/F	7:05-7:35 pm	\$44	AL34029

Spring Term:

4/2-4/20	M/W/F	10:55-11:25 am	\$33	AL44006
4/23-5/11	M/W/F	10:55-11:25 am	\$49	AL44007
5/14-6/8	M/W/F	10:55-11:25 am	\$40	AL44008
4/2-4/20	M/W/F	7:05-7:35 pm	\$49	AL44027
4/23-5/11	M/W/F	7:05-7:35 pm	\$49	AL44028
5/14-6/8	M/W/F	7:05-7:35 pm	\$59	AL44029



Specialty Programs

Date	Day	Time	Cost	Class#
You & Your Preschooler				

Winter Term:

1/14-3/17	S	10-10:30 am	\$54	AL34170
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Spring Term:

4/7-6/9	S	10-10:30 am	\$49	AL44170
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Teen/Adult Swimming Skills - Beginning

Winter Term:

1/9-1/27	M/W/F	9:45-10:15 am	\$43	AL34300
1/30-2/24	M/W/F	9:45-10:15 am	\$59	AL34301
2/27-3/23	M/W/F	9:45-10:15 am	\$65	AL34302
1/10-2/9	T/Th	8:30-9 pm	\$54	AL34366
2/14-3/22	T/Th	8:30-9 pm	\$65	AL34367
1/10-2/9	T/Th	9-9:30 pm	\$54	AL34368
2/14-3/22	T/Th	9-9:30 pm	\$65	AL34369

Spring Term:

4/2-4/20	M/W/F	9:45-10:15 am	\$49	AL44300
4/23-5/11	M/W/F	9:45-10:15 am	\$49	AL44301
5/14-6/8	M/W/F	9:45-10:15 am	\$59	AL44302
4/3-5/3	T/Th	8:30-9 pm	\$54	AL44366
5/8-6/7	T/Th	8:30-9 pm	\$54	AL44367
4/3-5/3	T/Th	9-9:30 pm	\$54	AL44368
5/8-6/7	T/Th	9-9:30 pm	\$54	AL44369

Teen/Adult Swimming Skills - Intermediate (Fitness & Stroke Technique)

Must swim 25 yards front and back and crawl comfortably.

Winter Term:

1/10-2/9	T/Th	7:45-8:15 pm	\$54	AL34364
2/14-3/22	T/Th	7:45-8:15 pm	\$65	AL34365

Spring Term:

4/3-5/3	T/Th	7:45-8:15 pm	\$54	AL44364
5/8-6/7	T/Th	7:45-8:15 pm	\$65	AL34365

Specialty Programs

Date	Day	Time	Cost	Class#
Private Lessons				

Winter Term:

2/27-3/9	M/W/F	3:50-4:20 pm	\$120	AL36000
3/12-3/23	M/W/F	3:50-4:20 pm	\$120	AL36001
1/9-1/27	M/W/F	5-5:30 pm	\$160	AL36002
1/30-2/10	M/W/F	5-5:30 pm	\$120	AL36003
2/13-2/24	M/W/F	5-5:30 pm	\$100	AL36004
2/27-3/9	M/W/F	5-5:30 pm	\$120	AL36005
3/12-3/23	M/W/F	5-5:30 pm	\$120	AL36006
2/14-3/1	T/Th	3:50-4:20 pm	\$120	AL36007
3/6-3/22	T/Th	3:50-4:20 pm	\$120	AL36008
2/14-3/1	T/Th	4:25-4:55 pm	\$120	AL36009
3/6-3/22	T/Th	4:25-4:55 pm	\$120	AL36010
2/14-3/1	T/Th	5-5:30 pm	\$120	AL36011
3/6-3/22	T/Th	5-5:30 pm	\$120	AL36012

Spring Term:

4/2-4/20	M/W/F	3:50-4:20 pm	\$180	AL46016
4/23-5/11	M/W/F	3:50-4:20 pm	\$180	AL46017
5/14-5/25	M/W/F	3:50-4:20 pm	\$120	AL46018
5/30-6/8	M/W/F	3:50-4:20 pm	\$100	AL46019
4/2-4/20	M/W/F	4:25-4:55 pm	\$180	AL46000
4/23-5/11	M/W/F	4:25-4:55 pm	\$180	AL46001
5/14-5/25	M/W/F	4:25-4:55 pm	\$120	AL46002
5/30-6/8	M/W/F	4:25-4:55 pm	\$100	AL46003
4/2-4/20	M/W/F	5-5:30 pm	\$180	AL46004
4/23-5/11	M/W/F	5-5:30 pm	\$180	AL46005
5/14-5/25	M/W/F	5-5:30 pm	\$120	AL46006
5/30-6/8	M/W/F	5-5:30 pm	\$100	AL46007
4/3-4/19	T/Th	3:50-4:20 pm	\$120	AL46008
4/24-5/3	T/Th	3:50-4:20 pm	\$80	AL46009
5/8-5/24	T/Th	3:50-4:20 pm	\$120	AL46010
5/29-6/7	T/Th	3:50-4:20 pm	\$80	AL46011
4/3-4/19	T/Th	5-5:30 pm	\$120	AL46012
4/24-5/3	T/Th	5-5:30 pm	\$80	AL46013
5/8-5/24	T/Th	5-5:30 pm	\$120	AL46014
5/29-6/7	T/Th	5-5:30 pm	\$80	AL46015

Call the center for more Private and Semi-private lesson times.

Training Programs

Date	Day	Time	Cost	Class#
Jr. Lifeguarding				

Winter Term:

1/14-3/17	S	10-11:30 am	\$98	AL35100
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Spring Term:

4/7-6/9	S	10-11:45 am	\$98	AL45200
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