



TUALATIN HILLS PARK & RECREATION DISTRICT

15707 SW Walker Road, Beaverton OR 97006

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Spring 2023 Adult Volleyball Information

LEAGUE OVERVIEW

1. 10 -11 week regular season (depending on number of teams in each division) - Games begin the week of April 3, 2023.
2. The first teams that register in each division will be admitted into the league. Additional teams maybe added provided the availability of court game slots. Online and walk-in to the Athletic Center registration opens on February 22nd at noon and closes on March 13.
3. All matches will take place at the Tualatin Hills Athletic Center (158th Ave. & Walker Rd., Beaverton, OR)
4. Makeup games may be scheduled on any day of the week, including weekends and will depend on court availability.
5. **IF** 8 or more teams register for a division, then the season will be split in 2 parts:
 - a. Group Play (part 1):
 - i. The first 5-6 weeks of the season will be used to place teams into an upper or lower division.
 - ii. Each team will play two sets to 25 point matches with a 50 minute time limit each night. The matches will be against two different opponents (depending on the schedules).
 - iii. Due to time restraints, there will be only one 30 second timeout per match.
 - iv. Matches have to end in 50 minutes. Matches must begin on time. Please do not stall. Officials will be in charge of making sure games proceed at a good pace and will inform staff if teams are stalling.
Please have your belongings ready to move to your next court assignment as quickly as possible. Your second match will begin as soon as both teams are on the court and ready. There will not be any additional warm up times.
 - v. Teams will be placed in the upper or lower division based on their W/L record at the conclusion of group play (depending on the league schedule).
 - b. Bracket Match play (part 2):
 - i. Standings will be reset and all teams will be 0-0.
 - ii. Schedules will be posted on TeamSideline
 - iii. Depending on the division each team will play each other once (**two sets to 25, third to 15, if necessary**) – **50 minute time limit. All other rules apply.**
 - iv. Will take place against teams in your own division.
 - v. Top 4 teams will advance to the playoffs in each division.

LEAGUE FEES - Online and walk-in to the Athletic Center registration opens on February 22 at 12 pm. Payment must be made when registering the team.

1. League fees: \$410 per team. Information is available online at www.thprd.org. **Out of district players do not need to pay the winter assessment fee as it is included in the league fee.**

ROSTERS

1. ALL ROSTERS must be completed online or using the attached team roster form (listing out-of-district players first). Incomplete rosters will not be accepted.
2. Rosters: Coed 6 - minimum of 6 players and a maximum of 12, Reverse Coed 4 – minimum of 4 players and maximum of 8 players
3. A player may be registered on only ONE Tualatin Hills team per league.
4. Players must be at least 18 years of age or finished with high school.
5. All in-district and out-of-district players must have a valid THPRD Residency Card. For more information on obtaining a card please call the Athletic Center front desk at (503) 629-6330.
6. All rosters will be checked for accuracy at the beginning of the season.

TEAM CLASSIFICATION

1. Teams are to classify themselves based on their skill level and primary day of play. Skill levels are defined as:
 - A – Competitive: Teams consistently know where to be on the court when plays are developing and where to be when the opponent is hitting. Teams usually play a 6-2, 5-1 or a 4-2.
 - B – Competitive Recreation: Teams understand the concepts of team defense and positioning. Teams know how to bump, set, and spike but are not consistent at performing these skills at a high level.
 - C - Recreational: Teams understand the concepts of team defense and positioning. Teams know how to bump, set, and spike but are not consistent at performing these skills at a high level. Teams just want to play and have fun.
2. Teams are asked to place themselves in a division with teams of similar caliber.
3. Teams will not be moved into another division unless there is unanimous consent from all other teams in the current division.
4. Final decision will be made by the Tualatin Hills Sports Staff.

TEAM SELECTION

1. Teams may select to play in either A, B, BB or C division.

Mon – RC4 A/AA

Mon - Womens 6's

Tues - Coed 6's A

Wed - Coed 6's B/C

Thurs - RC 4 B/BB

2. Notification of acceptance into the league will be emailed to managers.
3. Schedules and rules will be distributed to managers via email for review. Coaches/managers are encouraged to call Geoff Schwind at (503) 629-6330 or email g.schwind@thprd.org if they have questions or concerns.

ONLINE REGISTRATION - If you have any problems please contact Geoff Schwind at g.schwind@thprd.org

1. To register your team, please go to <http://teamregistration.thprd.org/index.cfm/main/managerlogin>. For the instructions click on the [User Guide \(PDF\)](#) under the login. Once in the site you can click on **Help** to go to the instructions.
2. Payment will need to be made at the time of registration. The payment time stamp on the invoice will determine which teams will get accepted into the league
3. You will complete all the steps to register your team.
4. In-District players can be invited to your team. To add out of district players, add them to your roster and email Geoff Schwind at g.schwind@thprd.org.

Each player needs to have an account with THPRD. There is no fee to create an account, which can be done online at www.thprd.org. **Out of District players do not have to pay the out-of-district assessment fee. Managers can submit their name on the roster form to add them to the team.**

Indoor League Rules

MATCH PLAY

1. NFHS and Tualatin Hills Rule Supplement will govern over match play.
2. **Pool Play matches consist to two sets to 25 (cap at 27). Bracket Play consists of two sets to 25, 27 point cap, third set to 15, 17 point cap, if necessary.**
3. There will be a 50-minute drop dead time on all matches. This includes time for warm ups and play. Depending on the division the official match time (7:00p, 7:50p, 8:00p, 8:40p, 8:50p) will begin based on the digital clock on your assigned court.
 - a. Matches must begin on time and will end at 50 minutes according the timer on the score clocks. If the score timer is not working, the digital clock on your assigned court will be used in its place.
 - b. No extra time will be given for any reason.
 - c. If time runs out in the middle of a play, the play will finish, and the point will be recorded.
 - d. If games are tied at the end of 50 minutes, NO ADDITIONAL time will be added. Games will be recorded as a tie.
2. To decide which team gets to choose to serve or receive; teams will either flip a coin, spin the ball, or come to some agreed upon way of choosing.
3. **GRACE PERIOD:** There will be a five (5) minute grace period for the first set. If team fails to have the required number of player present after 5 minutes, the first set will be forfeited. Match will be a forfeit if there are less than the required number of players after 15 minutes.
4. **RC4s:** Teams must have 4 players to play a match. a. Exception: Teams may start match with 2 players present before the grace period.
5. **COED 6s:** Teams must have 3 men and 3 women to play a match.
 - a. Exception: Teams may start match with 4 players present before the grace period.
 - b. If less than 6 players, there must be no more than 3 players of the same gender.
 - c. Teams can play with no more than 3 men or 3 women on the court.
 - d. Team players must line up next to a player of the opposite gender. Two players of the same gender cannot be next to each other in service order.
6. **TIME OUTS:**
 - a. Each team is allowed one 30 second timeout per set.
 - b. No timeouts inside the last five minutes of match time.
 - c. A timeout not used will not be carried over to the next game.

7. If a game ends early and both teams are ready before the next schedule game, they are welcome to start their match early.

SUBS

1. Roster Additions - Add/Drop deadline for rosters will be the 6th week of the season.
2. All subs that are not on a roster in your league must be approved by league coordinator via email **BEFORE** the start of games.
3. Teams will be allowed to borrow players from other teams within the same league.
 - a. When borrowing players, please try and get another player that is similar in skill level.
 - b. When borrowing players, the opposing team must agree to allow player. If not, another player must be chosen. If there are no other players available, then borrowing team must play with fewer players.
4. Players registered on higher division teams may not play in lower division games.

OFFICIATING

Every effort will be made to schedule a THPRD official for each match. If there is a shortage of officials, teams in the league will be scheduled to officiate the match.

1. Teams in the league will be scheduled to officiate 1 game per night, if needed.
 - a. Teams that do not fulfill their officiating obligation will be given 1 warning before they are removed from the league.
 - b. Players must be respectful of teams that are officiating. Yelling, screaming, demeaning or disrespecting officiating teams will not be tolerated. Players or managers being rude to officiating teams will be removed from the league without warning.
2. Officiating teams will enforce all volleyball rules according to the NFHS rules and THPRD Rules Supplement.
3. Please remember that officiating teams will not call what they do not see. Do not question judgment calls.
4. Any concerns regarding officiating may be made in writing or email form and shared with Geoff Schwind at g.schwind@thprd.org. Please include date, time, court if possible. Managers/coaches are encouraged to call Geoff Schwind at (503) 629-6330 if they have questions on rules, policies or procedures.

RULE SUPPLEMENT

1. **HOLE RULE (COED 6s ONLY):** *Coach with 6 players decides if rule is implemented before start of match* When playing a game with 5 players, a hole will be used in the place of the missing player and all other players must rotate and play like there are 6 players on the court. When the "hole" comes to serve, the team with 5 will rotate and return the ball to their opponent. The next server for the team with 6 is the next server.
2. **ROTATION ORDER (COED 6s ONLY):** No more than two men or two women will be allowed to play the front row at any time. Teams can play with no more than 3 men or 3 women.
 - a. Teams must have 4 players to start a match.
 - i. When playing with 4 players, the server is the backrow player.
 - b. Team players must line up next to a player of the opposite gender. Two players of the same gender cannot be next to each other.
 - c. Female touch rule is not in effect.
3. **EXTRA BLOCKER (COED 6s ONLY):** Coed teams can bring up an additional blocker from the back row to help block (Teams cannot have 3 players of the same gender playing front/back row at the same time).
 - a. This player may ONLY block above the plane of the net.
 - b. This player is still counted as a back-row players and cannot attack the ball over the plane of then net unless they start their attack behind the 10ft line.
 - c. This player can still set, pass or play defense if needed.

- d. When a back-row player is moved to the front row then a player from the front row must move back to play defense (Only 3 players may block at any time).
- e. The player that moves to the backrow to play defense is still a front row player and may still attack as such.

4. Reverse Coed 4s (RC4s) Rules:

- a. Guys must hit behind the 10ft line
- b. Guys must hit in a visible upward trajectory, if foot is touching the line or in front of the 10ft line
- c. Guys can block guys (directional blocking is OK, including free ball overs)
- d. Guys can fake block a girl as long as there is no ball contact above the plain of the net
- e. Setting a serve or any first ball is OK
- f. Block does NOT count as a touch
- g. Double contact on first ball over is OK
- h. Directional block is OK
- i. Directional Set over is OK (does not have to be square)
- j. Open hand tip is OK (guys must be behind the 10ft line)
- k. Must rotate servers
- l. Does not need to rotate positions
- m. A net is a net (women hair is OK)
- n. Maximum of 2 guys on the court
- o. If more than 2 girls then they must notify the other team and league director of permanent designed girl as guy for the night. NO CHANGING back and forth.
- p. Rally scoring
- q. Let serves are OK
- r. Women's height net

PLAYOFFS

1. Top 4 teams will advance to the playoffs within their division.
2. Playoffs will be single elimination. **Matches must start on time.**
 1. **R1-G1 and R1-G2 playoff matches - will be best 2 out of 3 (first two sets to 25, 27 point cap, third set to 15, 17 point cap) with a 50 minute time limit.**
 2. **R2-G1 championship matches - will be best 2 out of 3, (25, 25, 15 - win by 2, no cap, no time limit.**
3. 1st place teams of the playoffs will be awarded.
4. No subbing from other teams in the playoffs. Exceptional substitution may be requested prior to playoffs and be approved by the Program Coordinator. All subs must be confirmed before the start of playoffs.

EQUIPMENT

1. Game and warm-up volleyballs will be provided.
2. Team shirts are not required.
3. Game Balls will be provided.

MISC RULES

1. If a team forfeits two matches, they will be dropped from the league and forfeit all fees paid.
2. If play is stopped due to interruption by a child, the team on which the children's parent/guardian is with, will be penalized with a point being awarded to the opposing team, if they were serving, or a side out if the offending team was serving.

MISCONDUCT AND NO TOLERANCE POLICY

Please note that unsportsmanlike conduct includes but is not limited to the following: (a) disrespectfully addressing or contacting an official or staff person or gesturing in such a manner as to indicate resentment; (b) using profanity; and (c) baiting or taunting opponents or staff.

Team managers will be responsible for the conduct of their players. Abusive language used by any player or players either on the court or on the bench. Continued abusive language will result in ejection from the gym. If player or players refuse to leave the gym, the game will be forfeited to the opposing team. Striking another player, official, or gym supervisor while in the facility or on the premises of the facility will result in automatic and permanent expulsion from the league. The manager of the expelled player will be notified by email.

Team managers will be responsible for the conduct of their spectators who accompany their team to the matches. The gym supervisor will warn any spectator using abusive language or displaying inappropriate behavior. Continued abusive language or inappropriate behavior will be cause for stopping the game with the clock still running and the play will not be restarted until the spectator leaves the premises. If the spectator refuses to leave, the game will be terminated and both teams will receive a loss in the standings.

Tualatin Hills Park & Recreation District reserves the right to remove any player or team from the league. A refund of fees will NOT accompany this action.

OTHER

1. Insurance - Insurance **will not** be supplied by THPRD.

SPORTS DEPARTMENT MISSION STATEMENT

Tualatin Hills Park & Recreation District's Sports Department is committed to enhancing the quality of life for all its participants. The programs strive to establish a safe and caring environment that allows for individual and social growth by providing and facilitating positive fun and educational opportunities organized with responsible leadership.



Tualatin Hills Park & Recreation District

ROSTER MUST BE TYPED OR PRINTED NEATLY
2023



Please check appropriate league: **Winter** **Spring** **Summer** **Fall**

RC4 A/AA **Womens 6's** **COED 6's** **RC4's**

Preferred Division: **A** **B** **BB** **C**

(Mon – RC4 A, Womens 6's, Tues - Coed 6's A, Wed - Coed 6's B/C)

NAME OF TEAM _____

MANAGER/COACH _____ **CONTACT PHONE** _____

***EMAIL (required)** _____

Admittance into the league is based on residency. Rosters with the most In-District points will be given priority for league entry.

LIST OUT-OF-DISTRICT PLAYERS FIRST

Coed 6 - minimum of 6 players and a maximum of 12,

Reverse Coed 4 – minimum of 4 players and maximum of 8 players

Players must be at least 18 years of age or finished with high school.

	OUT	IN	PLAYERS NAME	THPRD CARD NO. Required	Contact Info
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Submitted Date _____ Time _____